SASKATOON metro®

NEWS WORTH SHARING.

It's the Bell Back to School Event!

Bell

Go back to school with Samsung.

Get amazing Samsung superphones on Canada's largest LTE network – it's faster in more places.[1]

Samsung Galaxy S4™
LTE superphone
2-yr. term with
Voice & Data Plus plan

$179.95

$699.95 No term

Samsung Galaxy Note II™
LTE superphone
2-yr. term with
Voice & Data Plus plan

~~$179.95~~

NOW:

$99.95

$729.95 No term

Samsung Galaxy S III™
LTE superphone
2-yr. term with
Voice & Data Plus plan

~~$129.95~~

NOW:

$49.95

$649.95 No term

Samsung Galaxy Ace II x
4G smartphone
2-yr. term with
Voice plan

~~$39.95~~

NOW:

$19.95

$249.95 No term

BONUS | DOUBLE YOUR DATA[2]

Visit a Bell store • 1 888 4-MOBILE • bell.ca

Bell getting a superphone just got better

Offer ends September 30, 2013. Available with new activation within network coverage areas available from Bell Mobility; see bell.ca/coverage. Long distance and roaming charges (including foreign taxes) may apply. Paper bill charge ($2/mo.) applies unless you register for e-bill and cancel your paper bill. Other monthly fees, e.g., 911 (Sask: $0.62, New Brunswick: $0.53, Nova Scotia: $0.43, P.E.I.: $0.70, Quebec: $0.40), and one-time device activation ($35) apply. Fees may apply for applications, features, content and roaming when outside your local area. If you end your services early, a fee will apply; see your Service Agreement for details. Subject to change without notice. Taxes extra. Other conditions apply. **(1)** Based on total square kms of coverage on the shared 4G LTE network available from Bell vs. Rogers LTE network. See bell.ca/LTE for details. **(2)** Available with new activation on $45 Voice & Data Lite Promo, $60 & $75 Voice & Data Lite, $85 & $105 Voice & Data Plus plans. Galaxy S4, Galaxy Note II, Galaxy S III and Galaxy Ace II are trademarks of Samsung Electronics Co., Ltd., used in Canada under license.

SASKATOON metro®

NEWS WORTH SHARING.

www.wishhomelottery2013.ca
What's YOUR $1 Million WISH?
Your custom-built home anywhere in Saskatchewan... or take $1 million dollars cash!
Children's Wish Home Lottery

BACK TO SCHOOL MEANS BACK TO THE KITCHEN

CHEF MICHAEL SMITH'S SIMPLE ORGANIZING TIPS WILL HAVE YOUR SCULLERY FULL OF HAPPY YOUNG SCHOLARS PAGE 14

SUMMER MAINTENANCE PACKAGE

GOODWRENCH SERVICE INSPECTION

✓ Rotate Tires ✓ Weatherstrip Lubrication
✓ Complete Inspection of 54 Points Including:
✓ Restraint System ✓ Wiper Blades
✓ Throttle System ✓ Brakes & Tires
✓ Automatic/Manual Transmission/Transaxle ✓ Engine Cooling System
✓ Steering & Suspension
✓ Engine Air Cleaner Filter ✓ Battery & Charging System

$49.95 + taxes
Regular $59.95 + taxes

Plus for an additional $29.95 + taxes
Regular $49.95 + taxes
✓ Receive a Lube, Oil and Filter (including up to 5L of GM premium Motor Oil)
✓ Top Up Fluids included at no charge

WHEATON GMC•BUICK•CADILLAC
Wheaton GM

306.244.8131 | 2102 MILLAR AVENUE
WWW.WHEATONSASKATOON.COM

Riding onward

Could this be the year?

Roughriders look to stay focused after torrid 7-1 start to CFL season

MARCO VIGLIOTTI
Metro in Regina

Approaching the midway mark of the CFL season, the Saskatchewan Roughriders are giving their ferociously devoted fan base every reason to believe they'll be in the Grey Cup championship game in November at Mosaic Stadium.

Yet, as excitement over the Green and White's 7-1 start brews in Riderville, players and coaching staff are preaching focus as they prepare to host the cellar-dwelling Winnipeg Blue Bombers on Sunday in the Labour Day Classic.

"Any time you play a Labour Day Classic, it's going to be a tough game," slotback Geroy Simon said on Sunday as the team arrived at Regina International Airport from Edmonton, where they edged the Eskimos 30-27 on Saturday.

"Those guys are fighting for their jobs, fighting for a win — we're not going to take anyone lightly."

While the Blue Bombers — who are 1-7 and laughable with their play in recent games — co-own the league's worst record, Simon said he's relishing the opportunity to take to the field for the famed, annual matchup.

"That's one of the reasons I wanted to come here — I wanted to play in the Labour Day Classic," he said.

"It's going to be a great opportunity, and I look forward to it."

After suffering their first defeat of the season to the Calgary Stampeders earlier this month, the Riders have had their hands full in the past two weeks — narrowly scraping by the struggling Eskimos and Montreal Alouettes.

The victory in Edmonton may not have been the prettiest, though head coach Cory Chamblin said it's the end result that counts.

"It was a tough game — those guys were prepared," added defensive end John Chick.

"We found a way to win, and to win on the road. That's huge for us."

In a seesaw battle with repeated lead changes, Chick credited the Riders' defence and running game for keeping Saskatchewan in it.

"That's the key," he said. "We can run the ball — and our defence can make crucial stops in crucial situations."

Got their game faces on

"Those guys are fighting for their jobs, fighting for a win — we're not going to take anyone lightly."

Slotback Geroy Simon, on the Riders' upcoming Labour Day Classic matchup with the cellar-dwelling Blue Bombers.

Running back Kory Sheets' breakthrough season continues to dominate headlines, with the Purdue University product on pace to rush for more than 2,000 yards this season following a 139-yard performance in Edmonton.

"I'm not thinking about it now," Sheets said of his run toward the 2,000-yard mark. "But it's in the back of my head."

Saskatchewan Roughriders running back Kory Sheets addresses the media on Sunday as the team returned home following a 30-27 victory over the Eskimos in Edmonton. Inset: Sheets runs for one of two touchdowns in the come-from-behind win on Saturday.

MARCO VIGLIOTTI/METRO; INSET: JOHN ULAN/THE CANADIAN PRESS

Great Canadian OIL CHANGE

Fast Professional Service All Of The Time.....

Save Time And Money – No Appointment Necessary

Open Late – Warranty Approved – Open 7 Days a Week

3330 8th St. 705 22nd St. 1204 Central Ave. 802 Circle Dr. 519 Nelson Road

TAKE $5 OFF ON US!

Save $5

On Any Oil Change Package

Valid at all Saskatoon Locations. Starting at $52.99 with coupon for most vehicles plus taxes and enviro charge. Present Coupon. Not valid with any other discounts. Exp. September 15th, 2013.

ROGERS™ authorized dealer

REGINA

Teleco
864 Victoria Ave. E
(306) 352-6600

Teleco
1501 Albert St.
(306) 525-5000

North Gate Mall
(306) 949-5395

Southland Mall
(306) 949-5397

SASKATOON

AirSource
718 Circle Dr. E
(306) 955-2355

AirSource
2002 8th St. E
(306) 955-2357

AirSource
Centre at Circle and 8th
(306) 955-1955

AirSource
Midtown Plaza
(306) 955-5799

AirSource
Confederation Mall
(306) 955-4399

ROGERS™ authorized dealer · WIRELESSWAVE · WIRELESS etc... · FUTURE SHOP · Tbooth wireless · BEST BUY · THE MOBILE SHOP Exclusively where President's Choice products are sold. · LONDON DRUGS

The Android robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. MOTOROLA and the Stylized M Logo are trademarks of Motorola Trademark Holdings, LLC. All other trademarks are the property of their respective owners. Offers subject to change without notice. *Available to new and existing customers with new activation or upgrade on select plans until Sept. 30, 2013. Eligible National Plans: $50, $60 or $75 Smart Picks plan and $85 or $105 individual plan or $140 or $160 Family Plan (each with monthly or 2-yr. term). Device eligibility varies by plan and term selected. See in-store for full details. **1** Based on tests comparing download speeds on the Rogers LTE network vs. Bell and Telus' LTE networks within Rogers LTE coverage area. LTE device, LTE SIM and plan required. Actual experienced speeds may vary based on device, topography and environmental conditions, network congestion and other factors. Rogers LTE network available in select Canadian cities. Visit rogers.com/LTE for coverage. TM ©2013 Rogers Communications

MADD

Saskatoon police lay five impaired-driving charges in eight hours

Saskatoon police had a busy weekend clamping down on drinking and driving infractions.

City officers laid impaired-driving charges against five people in an eight-hour period on Saturday night and Sunday morning.

The first incident occurred just before 7 p.m., when a vehicle collided with another at the intersection of McKercher Drive and 8th Street. A 49-year-old Saskatoon man is facing drinking-and-driving charges.

Hours later, police saw a vehicle going more than 100 km/h on Lorne Avenue. A 22-year-old man from Saskatoon has been charged with impaired driving and driving over the 0.08 per cent blood-alcohol limit in that incident.

The third and fourth incidents happened about an hour apart. The first involved a collision on 8th Street before a 52-year-old man from Vanscoy was arrested for impaired driving. At midnight, a 22-year-old man from Saskatoon was seen driving erratically and has been charged with impaired driving.

The last incident involved a collision and led to a 33-year-old man from Alberta being charged.

Diane Fontaine, community leader with Mothers Against Drunk Driving for the Saskatoon area, said it's up to the entire community to battle impaired driving.

"We need the public and companies to further be stringent when they have events, to make sure that they provide options for the public (to get home safe) or provide non-alcoholic events to show support," Fontaine said in a statement.

"We don't expect people not to drink but they can make sure to find a safe way home." MORGAN MODJESKI/METRO

Saskatoon Dog Rescue holds first adoption day

New best friends.
Focus is on dogs from northern communities

MORGAN MODJESKI
morgan.modjeski@metronews.ca

It was a dog's day afternoon in Saskatoon. And the animals on hand were looking for homes.

A year after starting to help dogs in need from Saskatchewan's northern communities, the Saskatoon Dog Rescue held its first adoption event on Sunday.

"It gets the word out that there are so many dogs available for adoption, and there are so many dogs that need good homes just in Saskatchewan alone," Saskatoon Dog Rescue vice-president Shayla McLaren said of the goal of the three-hour session at the Sherbrooke Community Centre.

"When people actually get to see them and interact with them, it makes so much more of a difference. People really take it to heart a lot more when they get to pet the animals and see how far they've come."

About 20 people came through the doors during the event. Samantha Outhwaite, president of the organization, pointed out that every dog they find a home for frees up space for another canine.

"The more dogs we get adopted, the more we can take in," Outhwaite said.

"There's a never-ending supply of dogs needing homes, so events like this are really great to help keep things moving."

Quoted

"When people actually get to see them and interact with them, it makes so much more of a difference. People really take it to heart a lot more when they get to pet the animals and see how far they've come."

Saskatoon Dog Rescue vice-president Shayla McLaren

Samantha Outhwaite, president of Saskatoon Dog Rescue, left, and vice-president Shayla McLaren with pregnant pug Deloris and shepherd mix Luke Skywalker on Sunday at the organization's first adoption event. MORGAN MODJESKI/METRO

Athlete gets his kicks at MLS tryout

Brett Levis, right, battles against Winnipeg Wesmen midfield defender Adam Bromley. COURTESY SCHAEFER/HUSKIES ATHLETICS

A young Saskatchewan soccer player is getting a shot at the pros.

Twenty-year-old Brett Levis, a mid-field attacker with the University of Saskatchewan Huskies soccer team, is one of the first athletes to work his way through Saskatchewan channels toward the ranks of Major League Soccer (MLS), and is halfway through a 10-day tryout with the Vancouver Whitecaps.

Whitecaps head coach Martin Rennie says while Levis has a lot of work to do before he's at the MLS level of play, he's impressed by what the Huskies striker has to offer.

"He's only been here a few days so far, but he's done well and seems to be enjoying it," Rennie said in a phone interview from Vancouver.

"Obviously, it takes a little bit just to get used to the speed of play and the different tempo … but I think he's handled it quite well."

Levis — who was born in Regina and grew up in Saskatoon — said he's enjoying the experience and feels he's gained a lot from veteran pro players.

"It's amazing to be in this professional environment," he said.

"The guys, like Nigel Reo-Coker and a lot of the older guys, are very welcoming. So it's just amazing to be a part of it, and the experience itself will hopefully help me develop as a player."

Levis starts his second half of the trial this week, and could hit the field in a game for reserve players against the Seattle Sounders on Monday, pending a decision by the Whitecaps coaching staff.

MORGAN MODJESKI/METRO

Joy for what was, woe for what will not be

Sarah Harper, the girlfriend of Christopher Lane, releases a balloon to celebrate Lane's life during the Chris Lane Memorial Game at the Essendon Baseball Club on Sunday in Melbourne, Australia. Australian Chris Lane was shot dead in Duncan, Okla. Three teenage males have been accused. Police said one of the accused told investigators that the three were "bored" and decided to kill for the "fun of it." SCOTT BARBOUR/GETTY IMAGES

Trudeau's toke tale aimed at dispelling smoke and mirrors

Transparency. Liberals hope host of measures will bring more public support than trouble

Justin Trudeau's call to legalize weed has the added benefit of appealing to those who normally vote NDP, strategists contend. FRANCIS VACHON/THE CANADIAN PRESS FILE

There is method to Justin Trudeau's reefer madness.

His willingness to confess his past proclivity for puffing pot is part of a strategy to brand the Liberal leader as a different kind of politician — one who's transparent, even to a fault.

It's a risk that could pay off big or blow up in his face, Liberal insiders acknowledge.

His voluntary admission last week that he took a pull on a joint at a dinner party three years ago — while he was an MP — wasn't the first example of Trudeau's perilous frankness and it won't be the last.

During the leadership contest last spring, Trudeau voluntarily disclosed all his sources of income, including more than $1 million earned on the public-speaking circuit.

The fact that he continued to accept hefty speaking fees from charitable groups and educational institutions after being elected as an MP sparked sufficient backlash that he eventually offered to refund any dissatisfied group. In the end, none took him up on the offer.

"It's the type of leadership that (Canadians) have been waiting for," Liberal House leader Dominic LeBlanc wrote on the pot controversy in a blog on the party's website last week.

"Rather than duck and dodge, our leader gave straight answers to tough questions."

The commitment to transparency isn't going to be confined to the leader, however.

During a three-day caucus retreat in P.E.I. that begins Tuesday, Liberal MPs and senators are to be presented with a template for publicly disclosing their expenses online. That's in keeping with a promise made by Trudeau last spring amid the uproar over the Senate expenses scandal.

MPs will also be given a rundown on how the party intends to handle Trudeau's pledge to hold open nominations in every riding across the country, forgoing the leader's power to appoint candidates or protect incumbents from challenges.

THE CANADIAN PRESS

Migrants killed by train derailment in Mexico

A notorious cargo train known as "the Beast," carrying at least 250 Central American hitchhiking migrants, derailed in a remote region of southern Mexico on Sunday, killing at least five and injuring 17, authorities said.

The train company and rescue workers were bringing in two cranes to help search for more victims among the derailed cars, officials said. Thousands of migrants ride the roofs of the cars on their way north each year, braving brutal conditions for a chance at crossing into the U.S.

The Tabasco state government said at least 250 Honduran migrants were on the train heading north from the Guatemala border. Heavy rains had loosened the earth beneath the tracks and shifted the rails, officials said.

Turned away

32,000

The number of Hondurans deported by the U.S. last year. Authorities say it's hard to estimate the true number crossing north.

Honduran President Porfirio Lobo set up a call centre for families to learn information about their loved ones.

The head of civil protection for Mexico's Interior Department, Luis Felipe Puente, released a list of 17 Hondurans ranging in age from 19 to 54 who were taken to two regional hospitals. Six of them were in serious condition, according to the list he published on Twitter.

Tabasco state Civil Protection chief Cesar Burelo Burelo said the accident happened at 3 a.m. in a marshy area surrounded by lakes and forest that is out of cellphone range.

The Red Cross said dozens of soldiers, marines and civilian emergency workers rushed to the area, which ambulances couldn't reach.

While the number of Mexicans heading to the U.S. has dropped dramatically, there has been a surge of Central Americans making the 1,600-kilometre journey, fueled in large part by the rising violence brought to their homelands by the spread of Mexican drug cartels.

THE ASSOCIATED PRESS

'Discrimination' or not?

FIFA awaits reply on Russia's gay law

FIFA President Sepp Blatter expects a reply within days from the government in Russia, the 2018 World Cup host, after requesting clarification of its law prohibiting gay "propaganda."

Blatter said Sunday that he asked "by letter and by personal contacts" President Vladimir Putin for details about legislation which has provoked an international furor ahead of the 2014 Sochi Olympics.

FIFA legal statutes state that discrimination is "punishable by suspension or expulsion" for individuals in football or member federations.

THE ASSOCIATED PRESS

Netherlands

Protesters mock Putin over policy

More than 2,000 people protested in Amsterdam on Sunday, condemning the Russian government's homosexuality policies.

An enormous blow-up doll caricature of Russian President Vladimir Putin stood bare-chested and draped in a rainbow flag.

Mayor Eberhard van der Laan hopes it sent the message that "love is not propaganda." The two countries have named 2013 as a year to celebrate historical ties — but Van der Laan declined to meet with Putin when he visited in March, sending a lesbian councilwoman in his place. THE ASSOCIATED PRESS

Myanmar

Buddhist mob sets Muslim homes, businesses ablaze

Members of a 1,000-strong Buddhist mob torched dozens of buildings in Myanmar following rumours that a Muslim man tried to sexually assault a woman, officials and witnesses said Sunday, as the country was again gripped by sectarian violence. State TV reported that about 42 houses and 15 shops were burned — most belonging to Muslims.

The unrest began last year, when nationalist Buddhists accused a Muslim community of illegally entering the country and encroaching on their land.

THE ASSOCIATED PRESS

Canada looking to send its first astronaut to the moon

Global Exploration Roadmap. A return to the moon within two decades is part of a plan developed by 14 space agencies

Canada could be sending its first astronaut to the moon under an ambitious long-term plan being developed by a group of space agencies around the world.

Canada is among the 14 space agencies participating in the International Space Exploration Coordination Group, which first started developing the strategy in 2007.

An early phase of the plan would put a new space station into orbit around the moon, and use it as a staging point to ferry astronauts back and forth. It's part of a roadmap that lays out human and robotic missions in the solar system over the next 25 years, with the other components including a moon settlement and a proposal to capture a near-Earth asteroid.

Jean-Claude Piedboeuf, the director of space-exploration development at the Canadian Space Agency, says there's an agreement among space agencies that returning to the moon is a stepping stone to a more distant target: Mars.

It would be the first human visit to the moon since 1972, when NASA astronauts Eugene Cernan and Harrison Schmidt spent 75 hours there. THE CANADIAN PRESS

Test bed

"You need to master how to land on a planet — and the moon can be a test bed for that."

Jean-Claude Piedboeuf, director of space-exploration development at the Canadian Space Agency

Astronaut Edwin E. Aldrin, Jr., lunar module pilot, prepares to walk on the moon in this July 20, 1969, file photo. Canada could be sending its first astronaut to the moon under an ambitious long-term plan.
NASA/THE ASSOCIATED PRESS-THE CANADIAN PRESS FILE

It wriggles, it squeals, it's adorable. Panda cub doing well: Zookeepers

The giant panda cub at Washington's National Zoo appears to be in excellent health, zookeepers reported after a 10-minute physical exam Sunday morning.

The panda, born Friday afternoon, weighs 136 grams, is pink with white fur and wriggled and squealed loudly when it was taken away from its mother, zoo officials said.

The mother, Mei Xiang was agitated when the cub was taken away from her, pacing and growling in her den, but the mother calmed down immediately after the cub was returned to her and she began cradling it.

A second cub was stillborn Saturday night. Zoo officials aren't sure what prevented the stillborn cub from developing, but it had abnormalities around its head and was missing its brain.

Mei Xiang gave birth to her only surviving cub, a male named Tai Shan, in 2005. Tai Shan enjoyed rock star status before he was returned to China in 2010. China owns the pandas at the zoo.

Mei Xiang gave birth to a cub last year after several years of failed breeding, but the cub died after six days. Its lungs hadn't fully developed and likely weren't sending enough oxygen to its liver. THE ASSOCIATED PRESS

A member of the panda team at the Smithsonian's National Zoo performs the first neonatal exam Sunday on a giant panda cub born Friday. COURTNEY JANNEY, SMITHSONIAN'S NATIONAL ZOO/THE ASSOCIATED PRESS

Hurry in to get up to a $100 bonus gift[1] on select smartphones.

Plus, more deals on other great phones!

Clear your Tab within 24 months, guaranteed!

Samsung Galaxy Ace II™ x
$0 With Tab Small[2]

Samsung Galaxy S III™
$0 With Tab Large[2]

Offer ends September 12, 2013.

koodo™

BEST BUY · FUTURE SHOP · LONDON DRUGS · THE MOBILE SHOP · Walmart

koodo shop
Centre at Circle & Eighth
Midtown Plaza

See store for full details. (1) Bonus gift will vary by store location. Bonus gift available with new activations only. While quantities last. (2) Subject to approved credit. Monthly Tab charge may apply.

Syria OKs chemical attack investigation

UN probe. Several countries urge military action if strike alleged to have killed more than 300 is verified

Syria agreed Sunday to a UN investigation into last week's alleged chemical weapons attack outside Damascus — a deal a senior White House official dismissed as "too late to be credible," saying the United States has "very little doubt" President Bashar Assad's forces used such weapons.

The hardening of the U.S. position came as calls for military action grow. In a sign the U.S. may be a step closer to an armed response, naval forces have already been dispatched toward Syria's coastal waters, although President Barack Obama has cautioned against a hasty decision.

With France, Britain, Israel and some U.S. congressmen urging swift military action against Assad's regime if the use of chemical agents is confirmed, the UN team's conclusions could have a dramatic impact on the trajectory of the country's civil war.

The agreement struck in Damascus calls for UN experts already in the country to begin an investigation Monday into the suspected chemical attack on rebel-held areas in the capital's eastern suburbs.

Anti-government activists and Doctors Without Borders say that more than 300 people were killed in an artillery barrage by regime forces Wednesday that included the use of toxic gas. The government calls the allegations "absolutely baseless."

THE ASSOCIATED PRESS

Applying pressure

Baird, Harper share outrage with leaders

John Baird
THE CANADIAN PRESS

Foreign Affairs Minister John Baird and other western leaders applied more pressure on Syria on Sunday, with a call for Syrian authorities to allow the United Nations access to the site of last week's alleged chemical attack.

Officials in Baird's office said he had separate phone conversations on Sunday with U.S. Secretary of State John Kerry and the Foreign Minister of the French Republic, Laurent Fabius. He spoke with British Foreign Secretary William Hague on Friday.

The ministers "shared their outrage" about recent events in Syria, especially the purported use of chemical weapons, said a foreign affairs official in an email.

Prime Minister Stephen Harper also was pulling the diplomatic levers over the weekend, discussing the situation in Syria by phone in separate conversations with British Prime Minister David Cameron and French President Francois Hollande.

THE CANADIAN PRESS

Black columns of smoke rise from heavy shelling in the Jobar neighbourhood, east of Damascus, Syria, Sunday. UN inspectors will have to traverse through both government-held and opposition-controlled turf to conduct their probe into an alleged chemical weapons attack. HASSAN AMMAR/THE ASSOCIATED PRESS

Saudi Arabia

Another dies of SARS-like illness

Saudi Arabia says one more man has died from a new respiratory virus related to SARS, bringing to 40 the number of deadly cases in the kingdom at the centre of the growing outbreak.

The Saudi Health Ministry said Sunday the 51-year-old man who died in Riyadh was also suffering from cancer and other chronic diseases.

THE ASSOCIATED PRESS

Iraq

Attacks kill at least 46 people

Insurgents bent on destabilizing Iraq killed at least 46 people in numerous attacks scattered around the country on Sunday, striking targets as varied as a coffee shop, a wedding party convoy and a carload of off-duty soldiers.

The attacks are part of a months-long wave of killing that is the country's worst spate of bloodshed since 2008, calling into question the security forces' ability to protect the country.

THE ASSOCIATED PRESS

Indian Bollywood actress Sonam Kapoor, right, holds a banner as she participates in a protest against the gang rape of a photojournalist in Mumbai, Sunday. Under intense pressure, police have acted quickly to hunt down the five suspects in the case. RAFIQ MAQBOOL/THE ASSOCIATED PRESS

Last arrests made in gang rape

Police on Sunday arrested the last of five men wanted in the gang rape of a photojournalist in Mumbai, and said charges would be filed soon in a case that has incensed the public and fuelled debate over whether women can be safe in India.

The victim, a 22-year-old Indian woman, said she was anxious to return to work after Thursday night's assault, in which five men repeatedly raped her while her male colleague was beaten and tied up in an abandoned textile mill in the country's financial capital.

"Rape is not the end of life," the woman told the Times of India. A statement from Jaslok Hospital, where she has been since the attack, said her condition was being monitored but that she was "much better" and was being visited by family. Indian law forbids identifying rape victims by name.

Police arrested the fifth suspect Sunday in New Delhi, the capital, after rounding up the other four in Mumbai.

"We will file a comprehensive charge sheet soon," said Mumbai's police commissioner, Satyapal Singh, assuring that police had the evidence to prosecute the suspects, including the victim's testimony and medical samples taken at the hospital after the assault.

THE ASSOCIATED PRESS

India. Hundreds of Hindus detained for defying ban on contentious pilgrimage

Authorities on Sunday detained hundreds of Hindu nationalists in northern India for defying a ban on pilgrimages to a disputed holy site that has been the cause of deadly clashes between Hindus and Muslims.

The city of Ayodhya, 550 kilometres east of New Delhi, has been under heavy security since last week, when the Uttar Pradesh state government announced a ban on the pilgrimages for fear of communal violence. Most shops are closed and people are staying indoors.

Members of the nationalist organization Vishva Hindu Parishad insisted they would go ahead with the 19-day pilgrimage, saying it was justified as a religious event, not a political one.

Police said more than 500 people, including the organization's leaders, were detained either in Ayodhya or on their way to the disputed 64-acre religious site on the event's first day Sunday. THE ASSOCIATED PRESS

Ayodhya

Muslims revere the site as the former location of the 16th century Babri Mosque, while Hindus say it is the birthplace of their god Rama and that a temple to him stood on the site before the mosque.

A Hindu holy man talks to a security officer deployed near a Hindu temple in Ayodhya, east of New Delhi, Sunday. RAJESH KUMAR SINGH/THE ASSOCIATED PRESS

‘King’ of Jewish baseball pitches sport in Israel

Nate Fish. The former minor-league player tries to get young Israelis interested in the old ballgame

Nate Fish is excited. Things are off to a good start at this “Baseball for Beginners” practice, where 11 young Israeli boys are putting on mitts and pulling baseball caps over knitted yarmulkes.

“All right, now we’ve got everybody in the dugout like a real team!” he yells. Then he turns around to look at the diamond that his players have helped set up, and his voice drops. “Home plate is backwards, guys,” he says.

In sports-mad Israel, where basketball and soccer are hugely popular, baseball is still mostly a curiosity for kids like these. Fish, a former minor leaguer who played alongside Yankees third baseman Kevin Youkilis in college, is trying to change that.

On Aug. 1, he became the first paid full-time national director of the Israel Association of Baseball, which is making a major new push to expand the reach of the sport beyond its base of American expats and their children.

THE ASSOCIATED PRESS

Baseball coach Nate Fish instructs an Israeli child during a “Baseball for Beginners” practice in Hashmonaim, West Bank, earlier this month. In sports-mad Israel, where basketball and soccer are hugely popular, baseball is still mostly a curiosity for children. MAX J. ROSENTHAL/THE ASSOCIATED PRESS

Summer’s ending, time to start fretting about winter

The Farmers’ Almanac is using words like “piercing cold,” “bitterly cold” and “biting cold” to describe the upcoming winter. And if its predictions are right, the first outdoor Super Bowl in years will be a messy “Storm Bowl.”

The 197-year-old publication that hits newsstands Monday predicts a winter storm will hit the Northeast around the time the Super Bowl is played at MetLife Stadium in the Meadowlands in New Jersey.

It also predicts a colder-than-normal winter for two-thirds of the country and heavy snowfall in the Midwest, Great Lakes and New England. “We’re using a very strong four-letter word to describe this winter, which is C-O-L-D. It’s going to be very cold,” said Sandi Duncan, managing editor.

Based on planetary positions, sunspots and lunar cycles, the almanac’s secret formula is largely unchanged since founder David Young published the first almanac in 1818.

Modern scientists don’t put much stock in sunspots or tidal action, but the almanac says its forecasts used by readers to plan weddings and plant gardens are correct about 80 per cent of the time. THE ASSOCIATED PRESS

Super Bowl fans may need a shirt, and a parka, next year if it’s as “bitterly cold” outside in New Jersey as The Farmers’ Almanac predicts.
PATRICK SMITH/GETTY IMAGES FILE

iTunes FESTIVAL

Vampire Weekend
September 15

Thirty Seconds to Mars
September 18

Robin Thicke
September 24

You and a friend. London, England. The biggest concert of the year.

The only way in is to WIN.

Enter for your chance to win a 3-day, 2-night trip for you and a friend to London, England and a pair of tickets to see Vampire Weekend, Thirty Seconds to Mars or Robin Thicke.

Every day in September, the biggest names in music hit the stage at the Roundhouse in London, England. You can watch them live for free on iTunes.

club metro

Enter to win at:
Metronews.ca/iTunesFestival

Official partner for updates, tickets and more
Metronews.ca/iTunesFestival
#iTunesFestival

metro News worth sharing.

No purchase necessary. Contest open to residents of Canada excluding Quebec who have reached the age of 18 years or older. Odds of winning depend on the number of eligible entries received. To enter and for complete contest rules visit www.clubmetro.com

Bomb kills 3 aboard bus in Yemen

Military on board. Explosion injured 23 people riding minibus on which bomb was likely hidden

A bomb likely hidden on a bus carrying high-ranking Yemeni air force personnel exploded Sunday in the capital, killing three people in a country fighting an al-Qaida affiliate, officials said.

The explosion in Sanaa came as al-Qaida's Yemen branch posted a new video message saying killings in Muslim nations only act as a "stimulus" to draw more into fighting as militants.

The bombing wounded 23 people riding in the minibus, including five in critical condition with amputated arms or legs, said Col. Mahdi al-Aidarous, an air force spokesman.

The colonel said the bus was heading to air force headquarters when the blast went off. He said it most likely originated from inside the vehicle. The official SABA news agency later quoted an air force statement as saying that the explosive was stuck under the bus.

No group immediately claimed responsibility for the attack, but Yemen's government is battling militants linked to al-Qaida who regularly target the country's military.

Al-Qaida in Arabian Peninsula, which is based in Yemen, recently posted a video message online delivered by a man identified as Sheikh Harith al-Nadhari. In it, al-Nadhari talks about suspected U.S. drone strikes in Yemen and the recent killing of militants in Egypt in an Israeli drone stroke.

Al-Nadhari slammed America's actions in Yemen, saying that drone strikes operate outside the law and punish for "mere suspicion."

"Suspicion is enough a justification for America to kill whomever she wishes among the Muslims. She is exempted from questioning. Let Muslims be killed, then be said: suspected of association," he said.

Amid a global alert about terrorism earlier this month, the U.S. evacuated its diplomatic staff from Yemen's capital. The terror alert was followed by almost daily drone strikes in Yemen that killed at least 38 people, all suspected of being militants with al-Qaida. THE ASSOCIATED PRESS

The injured

- Among those wounded are 13 majors, lieutenant-colonels and colonels, the Defence Ministry said.
- Private television stations showed images of a damaged bus with blown-out windows and blood-stained doors. Security forces collected evidence at the scene.

A soldier's beret lies at the site of the bomb attack. THE ASSOCIATED PRESS

Wildfire continues to tear through Yosemite

A firefighter watches for spot fires during a burnout operation while battling the Rim Fire near Yosemite National Park, Calif., on Sunday. Fire crews are clearing brush and setting sprinklers to protect two groves of giant sequoias as a massive week-old wildfire rages along the remote northwest edge of Yosemite National Park. JAE C. HONG/THE ASSOCIATED PRESS

Day 5. Congolese soldiers, UN forces battle rebels

Congolese soldiers and rebel forces suffered heavy casualties Sunday as they fought for a fifth day near the city of Goma in the country's volatile east, a doctor near the front line said.

Dr. Isaac Warwanamiza told The Associated Press he had seen 82 dead since early Sunday, 23 of whom were government soldiers, the highest death toll reported since hostilities broke out last week.

Medical services were struggling to cope with the scale of the casualties among government troops and the M23 fighters who launched their rebellion last year, Warwanamiza said.

"I'm overwhelmed by what I've seen: bodies blown apart, arms and feet here and there," he said, speaking by phone from a hospital north of Goma.

Three UN peacekeepers were wounded Saturday in the fighting, though no injuries were immediately reported by the UN peacekeeping mission Sunday.

A UN official, who spoke on condition of anonymity, said that two M23 "colonels" had been killed since Wednesday, while the Congolese military had not lost any senior officers.

The front line is only 15 kilometres north of Goma. M23 rebels briefly overtook the city late last year, and Congolese and UN troops have been battling to dislodge rebels from heights overlooking the city since Wednesday.

Observers say Congolese forces have yet to achieve their immediate objective — cutting off M23 from a border crossing where the rebel group is believed to get supplies from neighbouring Rwanda. THE ASSOCIATED PRESS

East Jerusalem. Israel plans 1,500 settlements

Jerusalem pushed forward Sunday with plans to construct 1,500 apartments in east Jerusalem in a move that could undermine recently renewed Israeli-Palestinian peace talks.

City spokeswoman Brachie Sprung said city officials had approved plans to lay down infrastructure for the project. She called the move a "standard and bureaucratic process" and said final approval was still required. Actual construction is still years away, she said.

Still, the move comes just after Israelis and Palestinians resumed talks after a five-year stalemate. Israeli settlement construction in the West Bank and east Jerusalem is one of the thornier issues separating the two sides.

The city is pushing development in the neighbourhood of Ramat Shlomo, a project that has also raised tensions with the U.S. THE ASSOCIATED PRESS

An Israeli woman looks at a construction site during a ceremony marking the resumption of the construction of housing units in an east Jerusalem neighbourhood, earlier this month. SEBASTIAN SCHEINER/THE ASSOCIATED PRESS

Nigeria

Teen stows away in wheel well of aircraft, arrested

A Nigerian airline says a teenager hid in the wheel well of a plane and survived a 35-minute domestic flight.

Arik Airline managing director Chris Ndulue said Sunday the incident magnifies "incessant security lapses at our airports."

Arik spokesman Ola Adebanji said passengers and crew had alerted the pilots and the Federal Aviation Agency that a boy was seen running to the plane as it taxied to take off.

Adebanji said a boy, 13 or 14, jumped out of the wheel well when the plane landed in Lagos, where he was arrested. THE ASSOCIATED PRESS

Security failure

U.S. military removes nuclear weapons chief

The Air Force has removed the commander of a nuclear weapons unit at a Montana base following a failed safety and security inspection this month that marked the second major misstep this year for one of the military's most sensitive missions.

Military leaders say the decision to relieve Col. David Lynch of command at Malmstrom Air Force Base stems from a loss of confidence. They say it is not the result of the failed inspection first reported on Aug. 13.

The 341st Missile Wing operates land-based nuclear missiles. THE ASSOCIATED PRESS

UN world summit

Zimbabwe heads African tourism commission

The United Nations world tourism body said Sunday it has chosen Zimbabwe to lead its Commission for Africa, the continent-wide group for tourism development for the next two years.

The UN World Tourism Organization said that conflict-troubled Mali also joins the African tourism commission.

Zimbabwe and Zambia are co-hosting the 155-nation tourism organization's summit, held every two years, at the resort of Victoria Falls on their common border. THE ASSOCIATED PRESS

Oil

B.C. worries spill would overwhelm response efforts

Officials in British Columbia privately warned the province lacks the ability to manage oil spills from existing and future oil traffic, and even a moderate spill would overwhelm their ability to respond, documents show.

The notes were written by B.C. environment ministry bureaucrats for the incoming minister's briefing book in June.

THE CANADIAN PRESS

Education

N.Y. sues over Trump University

New York's attorney general has sued Donald Trump for $40 million US, saying the real estate mogul helped run a phoney Trump University that promised to make students rich but instead steered them into expensive and mostly useless seminars, and even failed to deliver promised apprenticeships. Trump shot back that the Democrat's lawsuit is false and politically motivated.

THE ASSOCIATED PRESS

Housing

Canadian firm to build 10,000 homes in Jamaica

A Canadian firm has signed a four-year agreement with Jamaica's government to build 10,000 homes. The island's housing ministry says Commonwealth Corporate Support Services will launch the $705-million project this year. The project aims to provide housing for Jamaica's middle class. THE CANADIAN PRESS

Doping

U.K. paper settles with Armstrong

British newspaper The Sunday Times has reached a settlement with Lance Armstrong after suing the cyclist to recover damages from a libel settlement. The paper paid Armstrong 300,000 pounds (now about $490,000) in 2006 to settle a case after printing claims that he took performance-enhancing drugs.

THE ASSOCIATED PRESS

Publishing. More Salinger books planned, new bio says

The authors of a new J.D. Salinger biography are claiming they have cracked one of publishing's greatest mysteries — what The Catcher in the Rye novelist was working on during the last half century of his life.

Starting sometime between 2015 and 2020, a series of posthumous Salinger releases are planned, according to co-authors David Shields and Shane Salerno, whose biography, called Salinger, will be published Sept. 3. The Associated Press obtained an early copy. Salerno's documentary on the author is scheduled to come out Sept. 6.

Providing by far the most detailed report of previously unreleased material, the book's authors cite "two independent and separate sources" who they say have "documented and verified" the information.

The Salinger books would revisit Catcher protagonist Holden Caulfield and draw on Salinger's Second World War years and his immersion in Eastern religion. The material also would feature new stories about the Glass family of Franny and Zooey and other Salinger works.

The biography does not identify a prospective publisher. Spokesman Terry Adams of Little, Brown and Company, which released Catcher and Salinger's three other books, did not immediately respond to requests for comment. Salinger's son, Matt Salinger, who helps run the author's literary estate, was not immediately available for comment.

No Salinger book came out after the early 1960s, as the author increasingly withdrew from public life. Over the past 50 years, there has been endless and conflicting speculation over what Salinger had been doing during his self-imposed retirement. THE ASSOCIATED PRESS

J.D. Salinger at home in Cornish, N.H., with Emily Maxwell, his editor at The New Yorker. THE STORY FACTORY/THE ASSOCIATED PRESS FILE

Wallin watch. Energy firm settles class-action lawsuit

A U.S. court has approved a multimillion-dollar settlement in a securities fraud class-action lawsuit against a bankrupt energy exploration company for which embattled Sen. Pamela Wallin was a director.

Between June 2007 and December 2011, Wallin was a paid member of the board of Oilsands Quest Inc., a Calgary-based exploration company. As a director, the Saskatchewan senator was named in the lawsuit along with fellow board members, TD Securities, and Calgary consulting firm McDaniel and Associates.

The lawsuit, filed by investors in United States District Court in New York in 2011, alleged that Oilsands Quest and its directors overstated the value of the company's assets by $136 million.

Oilsands Quest has not admitted any wrongdoing and has denied all allegations. The firm decided it would be "desirable and beneficial" to settle because litigation could have dragged on. THE CANADIAN PRESS

Sen. Pamela Wallin was on the board of directors of Oilsands Quest Inc., a now-bankrupt energy exploration company. THE CANADIAN PRESS FILE

A visitor holds a postcard of German Chancellor Angela Merkel before asking for her autograph during an annual open-house day at the Chancellery Sunday in Berlin. The popular politician's government is being criticized for talking to Washington about a deal that would eliminate regulatory trade barriers between the EU and U.S. SEAN GALLUP/GETTY IMAGES

Merkel's rival wants trade talks halted over NSA scandal

Surveillance. Social Democrat leader hopes to stop U.S. negotiations until America says if it's wiretapping German government offices

German Chancellor Angela Merkel's election challenger says he would suspend negotiations with the U.S. over a trans-Atlantic free trade agreement until Washington clarifies details about National Security Agency surveillance programs.

Social Democratic leader Peer Steinbrueck, who is running for chancellor Sept. 22, said Sunday on ARD public TV that "I would interrupt the negotiations until the Americans say if German government offices and European institutions are bugged or wiretapped."

He criticized Merkel's government for talking to Washington about a deal that would eliminate regulatory trade barriers between the EU and U.S., while at the same time "we don't know if the Americans may be sitting under our desks with some technical devices."

Germany's independent privacy watchdogs say the surveillance programs breach an EU-U.S. pact meant to ensure cross-border data protection.

THE ASSOCIATED PRESS

New spying revelations

- The German magazine Der Spiegel says the U.S. National Security Agency secretly monitored the United Nations' internal video conferencing system by decrypting it last year.
- The weekly said Sunday that documents it obtained from American leaker Edward Snowden show the NSA decoded the system at the UN's headquarters in New York last summer.
- Quoting leaked NSA documents, the article said the decryption "dramatically increased the data from video phone conferences and the ability to decode the data traffic."
- In three weeks, Der Spiegel said, the NSA increased the number of decrypted communications at the UN from 12 to 458.
- Snowden's leaks have exposed details of the United States' global surveillance apparatus, sparking an international debate over the limits of American spying.

NB: always check under desk for sitting Americans

"(We) don't know if the Americans may be sitting under our desks with some technical devices."

Germany's Social Democratic leader Peer Steinbrueck

HOPEFULLY THIRD AVENUE THRIVES

URBAN COMPASS

Hilary Nelson
saskatoon@metronews.ca

So the bids have closed for Third Avenue United downtown, and the results are in.

Third Avenue United Church has chosen the bid put forth by John Orr's non-profit group over Third Avenue Centre's (TAC) proposal. Not much is known about the winning bid, aside from the stipulations in a request for proposals issued by the church that the congregation be allowed to lease the building, that the building be maintained and that heritage status be sought.

There was also to be a meeting for interested parties after the service on Sunday. There are indications that people in the congregation are unhappy with the decision of the board to not support TAC.

The process is not finished yet, however. The terms of the lease for the congregation must be finalized and the money must be in the church's hands no later than Sept. 30. As for what happens after that, because no details of the proposal were released, we will have to wait and see.

I would feel much better about the future of the property if Third Avenue Centre were in charge.

We have seen over the past two years how they would continue to operate at the building. So many things hang upon contingencies. I only hope that the Orr proposal results in a centre that is as vibrant and dynamic as the effort put forth in the last couple of years by TAC.

I am altogether tired of seeing heritage buildings neglected and subsequently demolished in this city and province, of buildings frittered away piece-by-piece in order to keep heads above water. In such times when the province is "booming," it is entirely dispiriting to see so many opportunities fall by the wayside for lack of vision and funding. I fervently hope that such a fate does not befall this property. We have lost the Gathercole, St. Mary's and a portion of the Victoria Bridge so far in the last couple of years. This is not a list I wish to see lengthened.

Jobs might bring people to the city, but it's arts and culture that keep them here. While we all have different ideas of what this entails — personally I think the Show and Shine falls under "culture" — it's this panoply of events that adds texture to our lives. So even if you wouldn't necessarily go to any of the events, you benefit indirectly from those who do attend, who consider Saskatoon a lively city of perfect proportions.

A town where everyone goes to work and then goes home is not worth living in, and fares poorly when compared with other cities. We need something to offset the winters here.

That's sounds boring

A town where everyone goes to work and then goes home is not worth living in and fares poorly when compared with other cities.

ZOOM

On paper, they're famous stars

COURTESY GILES OLDERSHAW

Showbiz icons cut out of cardboard

An artist in Oxford, England, has turned discarded cardboard into portraits of iconic Hollywood stars. Giles Oldershaw, 59, stripped and added layers of the stiff paper packaging to highlight each personality's facial features. Those portrayed include, clockwise from top left: Audrey Hepburn, Marlon Brando, Marilyn Monroe and Alfred Hitchcock. METRO

Q and A

One man's trash

GILES OLDERSHAW
Artist, 59, from Oxford, England

What's your technique?
With one eye on a photograph of the star, I use a scalpel and a pair of tweezers to remove layers of cardboard to create defining features.

Where did your love for cardboard come from?
I grew up in the outback of Australia, my family was very poor and I didn't have many toys. Instead, I got used to using found objects from the local dump.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

I spent a big chunk of this weekend travelling, which means I also spent a big chunk of it whiling away the hours on iOS games. These are the games I was playing:

Plants vs. Zombies 2:

The wildly anticipated sequel to Popcap's wildly successful flora-versus-the-undead epic is finally out. Plant aggressively defensive plants with varying abilities in front of your house to keep it safe from the invading zombie horde. The choice to go freemium was controversial, and I'm on the anti-side. The in-app purchasing is handled fairly well, but I would have been happier to pay a few dollars for the full game. (iOS/Free)

Clash of Clans:

Another addictive free-to-play time-suck, Clash of Clans is a little older but new to me. Build a village containing all the buildings and supplies your average tribe of fearsome warriors may need. Hone your battle skills with skirmishes against the game's AI armies to prepare for the first invasion from a real-life player. It's all huge fun. (iOS/Free)

Fetch:

A heart-melting, point-and-click adventure starring a boy and his dog — or a boy and a search for his dog, rather. Aimed squarely at younger gamers, the storybook presentation and colourful cast of characters will hook anybody who doesn't have a heart of stone. (iPad/$4.99)

Twitter

#VMAs #timeless

@VictoriaJustice: So excited for the VMA's... heard there might be an @NSYNC reunion :O Anyone else watching? #VMA

@troyesivan: Waking up extra early today to watch the #VMAs live, because time zones are a thing

@maggiewrobel: N Sync reunion pending, I would also accept JT performing 'Justified' in its entirety

@SoVeryAwkward: That awkward moment when you're irrationally excited for the #NSYNC reunion tonight. #VMAs

@mikesbloggity: Wake me when there's a Moffatts reunion. #VMAs

@jennxpenn: So proud of my friends @jccaylen @alexalosey & @LOHANTHONY at the VMAs. Such a cool experience, hopefully one year I can go too! #VMAs

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Saskatoon** Tara Campbell • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Barry Paton • **Vice-President, Sales and Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson **METRO SASKATOON** • #100, 728 Spadina Crescent East Saskatoon, Sask. S7K 4H7 • **Telephone:** 306-649-2025 • **Toll free:** 1-877-895-7193 • **Fax:** 1-888-895-6931 • **Advertising:** adinfosaskatoon@metronews.ca • **Distribution:** saskatoon_distribution@metronews.ca • **News tips:** saskatoon@metronews.ca • **Letters to the Editor:** saskatoonletters@metronews.ca

Stay-at-home socialites

Slice's newest clique under the microscope is a group of six well-off ladies living with their parents on Long Island. But the young women of Princesses: Long Island want you to know that beneath the expensive bags and the Jimmy Choos are six girls just trying to make it in the world. Here's a look at each of them. Princesses: Long Island premieres Monday. **METRO**

Chanel (Coco) Omari, 28

Chanel grew up in a modern Orthodox Jewish family and dreams of one day becoming a talk show host.

On moving back home: "We went through what everybody went through with the economic crisis. We all lived in the city at some point; we all tried to manage, and we couldn't, so we had to move back home. It doesn't mean that we're all not trying to find our independence."

Casey Cohen, 28

The leggy blond is probably the least Long Island of the bunch — she spends her days working up a sweat at SoulCycle and lounging at the SoHo house rooftop. At night, she waitresses at trendy Meatpacking spot 1 Oak.

On relying on her girlfriends "Every girl wants to be a princess. I want to find that prince, but I haven't, so we have each other to go through that process."

Ashlee White, 30

Though she loves living at home with her best friends (her parents), Ashlee looks forward to the day that she can be a stay-at-home mom and treat her husband like royalty. Fun fact: Her parents have a pool in the shape of an Absolut bottle.

This ain't no Jersey Shore: "Right now everyone is getting to know our names, and I can't wait for them to really know our stories, because we're so relatable, and once they hear our stories, the stereotypes — I feel like — will just disappear."

METRO IS TUNED IN TO THE NEW TV SEASON ALL THIS WEEK. PICK US UP DAILY OR VISIT METRONEWS.CA

Erica Gimbel, 29

Erica loves singing, dancing, hitting the beach and spoiling her two Cavalier King Charles spaniels.

Mall day or beach day? "Roosevelt Field stresses me out. Me and Amanda can be seen on the beach with SPF maybe four or eight with sunshields."

On being a Princess: "We're all very comfortable in our own skin, and we're all confident and unapologetic on who we are."

Amanda Bertoncini, 27

Amanda lives with her mom and runs her company, The Drink Hanky, which makes beverage sleeves to keep drinks warm and cool. She met her main squeeze, Jeff, on the Long Island Railroad.

Where to find her this summer: "I love Long Beach."

No horse-drawn carriage for her: "This princess rides the subway. I just have no patience. I just want to get there. When I drive in the city, I just want to, like, run over someone. Not literally."

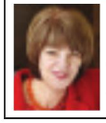
Joey Lauren, 30

Joey moved out of the city and back with mom and dad after getting her heart broken. She's currently working on growing her business, Kissamint LLC, which packages lip gloss and breath fresheners together in one unit.

Where to find her on a summer day: Field 4 at Jones Beach

On potential suitors from outside Nassau County: "If I was trying to find love that wouldn't matter to me."

The Edge in Riversdale
Contemporary fresh lifestyle only minutes from the River's shore
- 5 Year Property Tax Abatement
- 10 Year New Home Warranty
Starting at $304,400
NOW PRE-SELLING


Contact Veronica Smith
Ph 306-230-6808
veronicaasmith@sasktel.net
www.edgeliving.ca
And LeFevre & Company

Travel Health & Vaccination Services
Convenient Downtown Location!!!

- Pre-travel health advice
- Health risks at destination
- Vaccinations
- Jet Lag
- Motion Sickness
- Food and Water Safety
- Travelers' Diarrhea
- Insect Bites
- Malaria Protection
- Altitude Sickness
125 – 750 Spadina Cres. Saskatoon, SK
Tel: (306) 652-5414
Fax: (306) 652-1373
Mon-Fri 8:00am – 6:00pm
Sat 9:00am – noon (by appt)

Lifestyle TV

Get ready for a few more TV channel options this year

A couple new lifestyle channels are premiering on the dial this year. Shaw has unveiled DTOUR to showcase eye-opening programs that "reveal the drama, entertainment and ideas behind the everyday and extraordinary."

Its lineup includes Hotel Impossible, Adam Richman's Fandemonium, Burger Land, The Dead Files and Airport 24/7: Miami. Visit dtourtv.com.

Also premiering is Cottage Life, which is being billed as an evolution of the popular magazine of the same name. Its lineup will include DIY, food, makeovers and outdoors shows.

Among the series already announced are Buying Alaska, Farm Kings and Selling Big.

METRO

Storage Wars Canada's cast of regulars includes Cindy Hayden — yes, that is the 3.14 carat ring on her left hand — and Rick Colfill. CONTRIBUTED

There are no friends at the auction: Storage Wars hits Canada

It appears the first rule of Storage Wars Canada — and no, it's not that you don't talk about Storage Wars Canada — is that "once the auction starts, there are no friends at the auction," said Don Reinhart, auctioneer on the Canuck version of the U.S. phenomenon.

"You go to an auction, no one likes each other," adds Bogart Kenney, who, with his dad, Paul, are nicknamed High Roller and The Kid on the show. "You are all there to make a profit."

Airing this fall, the City program pretty much follows the success of the American version, although finding a piece of Canadiana is always in the cards as these characters bid on storage lockers whose owners default.

"We don't know what is going to happen. We are as surprised as anybody. We are just seeing these lockers for the first time," says Paul Kenney.

"It's Toronto, you just never know what we are going to find here," added Cindy Hayden. "My best past find is a 3.14 carat diamond ring that we found in December."

She and Rick Colfill are referred to as The Veterans on the show, and are not above playing dirty to get the storage locker they want.

They can contain anything from antiques and restaurant equipment to the personal papers and family heirlooms of a person simply down on their luck and unable to keep up with their locker fees or simply forgetting to update their information when their old credit card expires.

"We have, plenty of times," says Hayden about feeling guilty for buying a stranger's once-loved and still cherished possessions. "Everyone has their own stories.

"There are times when you just want to pick up the phone and call that person and say, 'Look, I just bought your stuff, and would you like to buy it back? I am giving you a second chance to buy it back.'

"It does sound cold, but that is a business."

Storage Wars Canada premieres this Thursday on OLN and airs Sundays on City.

METRO

Personal effects

There are items the storage war buyers will return to the former workers. This includes personal papers and family photographs.

Open road: the rockin' reality star wants to pimp your ride

Bret Michaels. His 16-episode series turns dilapidated RVs into tricked-out mobile mansions

MORGAN ROUSSEAU
Metro World News in New York City

After decades in the spotlight as a glam metal frontman, 50-year-old rocker reality star Bret Michaels is throwing a new skill into the mix: tricking out RVs and rocking the open road. For Michaels, RVing is much more than a means of transportation — it's a lifestyle.

The rock star holds tight to countless childhood memories in an RV and now spends nine months out of the year on the road, logging millions of miles.

Sunday night, the self-proclaimed "ultimate RV adventurer" debuted a new show on the Travel Channel — Rock my RV with Bret Michaels.

Bret Michaels is ready to pimp your RV. CONTRIBUTED

In the 16-episode series airing on DTOUR starting Thursday, the Rock of Love star leads a design team as they transform worn-out, dilapidated RVs into the most luxurious, over-the-top, tricked-out mobile mansions on the road. To get America revved up, the hands-on aficionado has several things he wants you to know about hitting the road in an RV.

They're not just the chariot of choice for retirees. Anyone at any age can rock an RV road trip.

"I hope that (the show) shows that the open road is for any generation. My mom and dad were pretty young when they were doing it. It's sort of like the Wild West. You go out there and it's a great adventure."

Be mindful of the cramped quarters

"When you take a road trip, whether you're in a car or an RV, let me just assure you, you're either going to bond for life and have great memories, or you may possibly never speak to each other again. This is my best advice: You want as much space as you can get. Stop at a place where you can get out of that thing and get away from each other for a little bit. Go out, walk around, hike, stretch out, and enjoy the scenery."

'It's got to function'

Ain't no mountain tall enough to stop Bret Michaels on this road

"The first thing I have to do with most of these is look at the structure, the rust factor, what we can and can't do — and most important is weight. You can't put too much weight on this thing. It could be quite dangerous. So it's really a matter of function and fun. I've got to create both. I want it to be fun, but it's got to function, and I want their experience when they leave to be enjoyable," Bret Michaels said.

"A lot of these RV shows, they build these in a garage, and they make things that could never possibly go down the road. My job is to make it be able to go wherever they want it — go under any bridge, go anywhere they want, any beach, any side of a mountain that they want to go."

METRO

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Harry Styles. ALL PHOTOS GETTY IMAGES

Bring on Mean: The Sequel, Styles ain't scared

Harry Styles knew what he was signing up for by dating Taylor Swift — and he's ready for the songs she'll likely write about him.

"It would be hypocritical for me to say she couldn't do it because everybody writes songs based on personal experiences," he tells Us Weekly. "I can't say I'd have dated someone less famous to avoid it. At least she's a great songwriter."

Simon Cowell

Cowell spotted with Silverman

Simon Cowell was spotted on the beach in St. Tropez walking hand-in-hand with Lauren Silverman, the recently divorced woman pregnant with his child, according to TMZ.

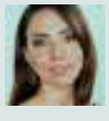
This marks the first time Cowell has stepped out in public with Silverman since news of her pregnancy broke earlier this summer.

"They're definitely a couple," a source says. "The relationship is loving and they're very happy together."

Twitter

@justinbieber
art is everywhere

@LilTunechi
Noticed I wasn't nominated nor involved n da MTV VMA's nor da BET awards...I apologize to my fans and I promise 2 work harder if it kills me



@WhitneyCummings
Jesus how many Sarsgaards are there?

Alec Baldwin

One more added to the Baldwin flock

Alec Baldwin is a father once again. His wife, Hilaria, gave birth to a baby girl this weekend in New York, she confirmed on Twitter.

"We are overjoyed to announce the birth of our daughter Carmen Gabriela," Hilaria wrote. "She is absolutely perfect."

While this is the couple's first child, it's the second for Baldwin, who also shares 17-year-old daughter Ireland with his ex-wife Kim Basinger.

Zayn Malik

Zayn headed in one direction, down the aisle

Days after news of his engagement to Little Mix singer Perrie Edwards broke, One Direction member Zayn Malik took to Twitter to share his feelings about the big news.

"Never been more happy in my life," he wrote. "Thank you to everyone that has been so lovely about my engagement to my beautiful fiancé."

The Word

Rich celebrity wants you to know it's not all that great

Robert Pattinson wants everyone to know that fame is not all it's cracked up to be.

"People don't realize how lonely you are," he tells GQ magazine.

"It's strange; you don't have a normal life anymore. You spend much time trying to fight it, but in the end you find another way to live."

And that's not all.

"When you become famous, it's easy for some people to hate you just because you are famous," he adds. "That's why, sometimes, you beat yourself up."

Book excerpt

Online boss

IT'S ALL RELATIVE
Kathy Buckworth
Kathybuckworth.com

Basically, there is no better place to be the boss of your kids than in the world of social media. It's a privilege, not a right, for them to be there. Use your common sense and monitor them. Take, for instance, the concept of Facebook creeping. As a parent, this is a valuable management tool when it comes to finding out what your children are doing that they consider being brag-worthy. In other words, things they shouldn't be doing and don't want you to know about.

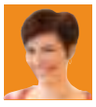
Should you discover any unsavoury material on their page — which could include drinking, damaging public property, tattooing, or, worst of all, dissing their mother — punish them without explaining why. This is a perfect opportunity to pull out the "If you have to ask why, then you truly must think I am stupider than I am." (You may not want to use stupider in this particular context.) Creep their friends too, and tell on them to their parents. They're the boss of their kids too, remember? **FROM KATHY BUCKWORTH'S I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS, MCCLELLAND & STEWART, 2013, WHICH HAS BEEN OPTIONED BY WARNER BROTHERS TELEVISION.**

Exclusively online

"Why do you keep asking WHY?!" Read Reasons Mommy Drinks, by Lyranda Martin Evans and Fiona Stevenson at metronews.ca/voices. Buy the book, Reasons Mommy Drinks, in bookstores across North America Sept. 10.

Back-to-school kitchen juggle

Michael Smith.
The chef, TV personality, writer, environmentalist and dad shares his tips



THERESA ALBERT
DHN, RNCP
myfriendinfood.com

Chef Michael Smith believes keeping it simple is key to surviving the back to school rush and the kitchen in general. COURTESY THERESA ALBERT

1. Smith's kids love to cook pancakes on the weekend, so they make a whole-grain batter, double it and use it up the next day for waffles. Seasonal fruits and homemade compote make quick, healthy breakfasts.

2. Decide that the kitchen is fun, not work. Don't worry about the cleanup part. Just create a system to make quick work of that too.

3. Serve all meals "family style" on platters to please everyone's palate and hunger level. The leftover components can be transformed into lunches.

4. Cook outside on the grill as long as you can while the weather is good. Grill a bunch of fish fillets, chicken breasts or legs at the same time and toss into salads.

5. Have a fridge shelf designated for fruit and chopped veggies, ready for the after-school rush. Kids are hungry at this time and you have more of a chance to "hit the mark."

6. While you are cooking dinner, put an extra pot on the back burner with veggie ends, peels and bones. This makes a very nourishing soup or broth for rice. Reduce it all the way down after straining and it can become a sauce.

7. Make baby food out of whatever you have on the go. Mash and jar, then freeze.

8. Cook your basics in advance when you have time. Quinoa, wild rice, beef, tomato sauce and the like do very well in the fridge throughout the week.

9. Have a neighbourhood baking rally. Trade off muffins, biscuits, breads and loaves to get everyone in on the process.

All in all, Smith believes removing every impediment and fear of cooking is key to getting back to basics (which is the name of his new cookbook, by the way ... go figure!) and surviving the back-to-school rush.

Clean-up system

Having a system to make cleanup easier encourages you to get into the kitchen more often. Smith shares these cleanup tips:

- **Dishwasher.** Smith is a big fan of a dishwasher that is clean and dishes that are spotless. He swears by Cascade Platinum because he doesn't have to rinse or hurry, so it saves time and effort.
- **On the go.** According to Smith, the discipline of "cleaning as you go" translates into better cooking. He believes that "every craft benefits from discipline."
- **In a bowl.** Use a garbage bowl for compost and dishes for all ingredients. It is more efficient and safer to stick dishes in the dishwasher than it is to clean the counter.
- **Wipe away.** Wipe baking spills from pans with a moist clean cloth before you bake so sugars don't burn. Small drops make bigger problems.
- **Maximize.** Have a dishwasher system that uses your dishwasher to the maximum. Stacking well also makes unloading a snap.

On the move? A guide for first timers

Afshin Rahimi was used to cooking and doing laundry while at home in Iran, but faced new challenges after leaving the country to study abroad.

"Before, my focus was more on my studies, but when I came here, I had to balance it," said the 25-year-old graduate student. "I had to go grocery shopping, I had to pay the bills. And on the side, I had to do assignments ... do the research, deal with the professors and all that."

Rahimi is currently completing his PhD in aerospace engineering at Ryerson University in Toronto, sharing a one-bedroom apartment a stone's throw from campus. Despite the challenges, Rahimi said the chance to live on his own has been beneficial in his personal development.

"You don't always have your parents to protect you, so you need to grow and learn how to protect yourself."

Even in their physical absence, parents can still lend key moral support to kids primed to leave the nest, said Cindy Babyn, author of Moving Out! A Young Adult's Guide to Living on Your Own (General Store Publishing House).

"They can frame moving out in a very positive manner, saying, 'Oh, this is a great opportunity for you,' while at the same time reminding them that they're just going to be one phone call away or one email away to help them out," she said.

The author also shared some tips for youngsters pondering or planning to live away from home.

"I would suggest youth really do spend time looking around the neighbourhood, around the apartment where they're going to be," said Babyn, adding that house hunters should determine proximity to transit, the laundromat and other essential services.

Managing money is also vital. "Besides the emotional stress of the unknown and going out on your own, one of the major stressors is the financial aspect," said Babyn. "Youth should know in advance that they are choosing to go into a place that they can afford."

In addition to making coffee and meals at home, Babyn recommended scaling back on gift-giving if money is tight.

Picking the right roommates before setting up house is also critical. Youth must be honest about who they are and their expectations for the home to ensure they're well-matched with roommates.

"If I want to go to bed at 10:30 p.m. and my roommate is just getting their energy up at 10 p.m. — so they want to walk around, they want to cook, they want to watch TV, and they want to turn on the music and it's one in the morning and you want to try to get your sleep — this is a recipe for disaster," she said. **THE CANADIAN PRESS**

Tomatoes, cheese and basil: the perfect trio for couscous

ROSE REISMAN
rosereisman.com

Israeli couscous is a small, round semolina pasta, different from the tiny, yellow North African couscous.

This recipe serves four. CONTRIBUTED/ ROSE REISMAN

Ingredients

- 1 cup (250 ml) Israeli couscous
- 1 cup (250 ml) diced Roma tomatoes
- 1/4 cup (60 ml) crumbled goat cheese (about 1 oz/30 g)
- 1/2 cup (125 ml) shredded Havarti cheese (1.5 oz)
- 1/3 cup (80 ml) chopped green onions
- 1/3 cup (80 ml) chopped fresh basil or parsley
- 2 tbsp (30 ml) grated Parmesan (or Asiago) cheese (0.5 oz)
- 1 tbsp (15 ml) olive oil
- 1 tsp (5 ml) finely chopped garlic
- pinch of salt and pepper

It's often referred to as pearl pasta because of its shape and texture.

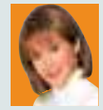
Although it is becoming more readily available, you may have to go to a specialty store to purchase it. You can substitute very small pasta.

1. Bring a large pot of salted water to a boil and add the Israeli couscous. Boil for about 8 minutes or just until couscous is tender. Drain well and add to a serving bowl.

2. Add the tomatoes, goat cheese, Havarti, green onions, basil, Parmesan, olive oil, garlic and salt and pepper. Toss well and serve warm.

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

We all have cravings for something a little sweet sometimes, but biting into a certain sticky treat will cost you in calories, fat and sugar.

Cinnabon pecan cinnamon bun

1,080 calories/50 g fat/76 g sugar

One will cost you the majority of your calories, fat and double your daily sugar intake with no nutrients.

Equivalent

One Cinnabon pecan cinnamon bun is equal in fat to 13 mini Drumstick caramel ice cream cones.

Butter Tart

340 calories / 14 g fat / 27 g sugar

If you really need a treat, then choose the butter tart. It's not a good nutritional choice but is much lower in calories, fat and sugar.

Side. Lentil Tabbouleh

1. Bring a medium pot of salted water to a boil. Add the lentils and cook until al dente, about 15 minutes.

2. Use a mesh strainer to drain the lentils, then spread them in an even layer on a rimmed baking sheet. Transfer to the refrigerator to cool.

3. Meanwhile, in a large bowl, combine the parsley, thyme, oregano, garlic, celery, olives and red pepper. Set aside.

4. In bowl, whisk together the vinegar, lemon juice and olive oil. Drizzle the dressing over the herbs and vegetables, then mix thoroughly. Once the lentils have cooled (they don't need to be chilled, just no longer hot), add to the bowl and mix well. Season with salt and pepper, then sprinkle the almonds over the top. THE ASSOCIATED PRESS

Ingredients

- 2 cups dry green lentils
- Salt
- 1 cup chopped fresh parsley
- 2 tbsp chopped fresh thyme
- 2 tbsp chopped fresh oregano
- 4 cloves garlic, minced
- 3 stalks celery, diced
- 1/2 cup sliced Kalamata olives
- 1 red bell pepper, cored and diced
- 3 tbsp red wine vinegar
- 3 tbsp lemon juice
- 2 tbsp extra-virgin olive oil
- Ground black pepper
- 1/2 cup slivered almonds, toasted

Reimagining Ratatouille into a delicious grilled salad

1. Heat the grill to medium-high.

2. Using a paring knife, slice shallow slits into the cut sides of the eggplant halves. Drizzle eggplants with olive oil, then rub half of garlic and a sprinkle of salt and black pepper into the flesh. Brush the onion slices and the zucchini halves with a little more olive oil and sprinkle them with salt and pepper.

This recipe serves eight. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 2 small eggplants, halved lengthwise
- Olive oil
- 2 cloves garlic, minced, divided
- Salt and ground black pepper
- 1 large red onion, cut into 1/2-inch-thick slices
- 2 medium zucchini, halved lengthwise
- 1 pint cherry tomatoes
- 1 tbsp balsamic glaze
- 1 tbsp herbes de Provence
- Pinch red pepper flakes
- 1 red bell pepper
- 4 oz goat cheese, crumbled

3. Fold a large sheet of heavy duty foil into thirds the long way. Open the foil. Place the tomatoes in the middle third of the foil, then drizzle them with the balsamic glaze and 1 tablespoon olive oil. Sprinkle with the herbes de Provence, the remaining garlic, and the red pepper flakes. Stir gently to combine. Fold the foil closed, crimping the ends to make a packet.

4. Grill eggplant, onion slices, zucchini halves, tomato packet, and red bell pepper (left whole) for 7 to 10 minutes, or until the vegetables are charred and tender, and the tomatoes are juicy.

5. Place the red pepper in a brown paper bag and crimp the top closed. Set aside.

6. Dice eggplant, onion and zucchini and place in bowl. When pepper cools slightly, rub charred skin away, using paper bag to assist. Cut pepper into strips, discarding the core, and add to the other vegetables. Pour tomatoes and their juices over other vegetables and sprinkle with the goat cheese. Serve warm. THE ASSOCIATED PRESS

From scary to sanctuary. Love where you learn, and you'll turn out fine

Michael Reist, author of What Every Parent Should Know About School, argues that the ways in which students of today are taught must be carefully rethought. GALIT RODAN / THE CANADIAN PRESS

He has retired after three decades in the classroom, but concerns for current and future generations of students remain front of mind for Michael Reist — particularly youngsters who may feel ill at ease within the school environment.

"School should be a happy place that kids like to go to. That's my dream. And I saw too many kids that hated it and for whom it was even damaging, and an incredible loss of human potential in kids who had so much to offer," recalled the longtime teacher who lives in Caledon East, Ont.

"But because of the way the school system works, they were made to feel stupid. They were made to feel excluded. Their self-esteem was damaged. And I want to talk about that. I want to open up a conversation and I want to get parents involved."

In his new book, What Every Parent Should Know About School (Dundurn), Reist looks at the physical, emotional and social environments within schools and the students and educators who comprise the system.

While his book is geared toward parents, Reist also encourages discussion among teachers and administrators to examine strengths and weaknesses within the current system. The father of four also stressed the need to listen to kids and to observe how they demonstrate their feelings about school in words and actions — all an effort to create more effective strategies to help them thrive.

THE CANADIAN PRESS

Males on the move

Reist has spoken frequently to parent groups and education conferences across Canada with workshops centred on gender differences and learning.

- In the book, he writes that one reason boys fall behind in school is because they favour spatial activities that are enticing to the male brain — a contrast from the largely logical, linear and verbal functioning of the school environment which is generally more comfortable for the female brain. While literacy in boys should be encouraged, "we must also find ways of tapping into their natural love of movement."

Before that bell rings, let's discuss a few things

Let's talk about stress, baby! Maintaining an open dialogue with your young student about their back-to-school concerns will ease a tough transition

Practising the walk to school or shopping for new clothes and school supplies can help kids become more comfortable with what is to come. DARRYL DYCK / THE CANADIAN PRESS

Back-to-school time can be back-to-stress time for kids of all ages. But experts say there are ways to help them cope with the anxiety that can be triggered by the return to the structured environment of the classroom.

Preparing kids for what is coming up, getting them back into a regular sleep routine, reconnecting them with school friends they may not have seen over the summer — these and other techniques will help with the readjustment, according to these experts.

But the most important approach may be just to talk with and listen to children, adolescents and teens about what worries them when they think about the resumption of classes, says David Wolfe, a psychologist and senior scientist at Toronto's Centre for Addiction and Mental Health.

"And to say, 'I understand it's tough to go back to school. The more you talk about it, the more you tell me what's going on, the more I can at least listen and help you if I think I can,'" says Wolfe, who works with children and teens.

It's entirely normal to feel a degree of stress associated with the start of school, experts say.

Young children who are going to school for the first time can be fearful about facing the unknown and worried about being separated during the day from a parent or a trusted caregiver.

Older children who've already been in school may dread the return to a regimented world where they have to buckle down to work. "There's nothing abnormal about going from a low responsibility situation in the summer to a higher one and feeling anxious about it," Wolfe says.

Teens may be worried about fitting in at a time of life when fitting in can be all-important, but tough to do.

"You're under more stress as you go into middle school in particular. More stress because of all of the rapid changes in your development and expectations and sexual stress and so forth," Wolfe says.

"You start looking at the world in black and white again. 'I better do this and not that in order to be accepted. ... I've got to make sure that I'm not picked out as being different.' So it's very stressful."

It ain't weird to worry

"There's nothing abnormal about going from a low responsibility situation in the summer to a higher one and feeling anxious about it."

David Wolfe
Psychologist and senior scientist, Toronto's Centre for Addiction and Mental Health

He notes that some anxiety is a good thing; it's part of the intrinsic human wiring, designed to help us survive real threats. "It's a way of negotiating the world, staying away from certain dangerous objects and that (sort of thing)."

But too much anxiety can be debilitating and a sign something else is at play. A young child may be experiencing separation anxiety — over the loss of constant access to a parent — that makes it hard for him or her to adapt to school. Or a child who is returning to school may have been bullied in the past and may be fearful about having to face a tormentor again.

"It's always good to ask those questions or just ask, 'Is there anything else you worry about?'" Wolfe says.

The Psychology Foundation of Canada suggests starting to prep kids for school at least a week before classes resume.

And others praise so-called mindfulness techniques as a way to help kids young and old to gain control of the anxiety that may be cluttering up their minds.

There are a variety of approaches, but the basic idea is to bring children into the present — as opposed to worrying about the future — as a way of grounding them and helping them calm themselves.

THE CANADIAN PRESS

TRAIN FOR EXCITING CAREER OPPORTUNITIES
EDUCATIONAL ASSISTANT DIPLOMA NOW BEING OFFERED!
Do you have a passion for supporting children and to nurture learning? Prepare for a career in:

• Traditional classrooms • Early childhood centres
• Community centres • Youth centres
• Before & after programs

INTERIOR DECORATOR

LEGAL ASSISTANT

POLICE SCIENCES

TRAVEL COUNSELLOR
Your Diploma in One Year or Less!
Contact Our Education Specialist Today to Learn More!
UNIVERSAL CAREER COLLEGE
www.uccaskatoon.ca
1202A Quebec Avenue • 306-373-8700
admissions@shaw.ca

MLB

Towering homer sends Tigers to win

Miguel Cabrera hit a mammoth homer, Rick Porcello enjoyed a happy homecoming and the Detroit Tigers polished off a three-game sweep of the Mets with an 11-3 victory on Sunday in New York.

The AL Central-leading Tigers improved to 12-5 in interleague play and have won 34 of 49 overall, the best mark in the AL since July 2. THE ASSOCIATED PRESS

Golf

Scott good enough to grab Barclays; DeLaet second

Masters champion Adam Scott won The Barclays on Sunday after everyone around him did their best to lose it.

Scott played bogey-free and closed with a 5-under 66. He finished an hour before the final group, and watched from the locker-room at Liberty National in Jersey City, N.J.

Graham DeLaet of Weyburn, Sask., shared second place with Tiger Woods, Gary Woodland and Justin Rose with a low final-round score of 65.

THE ASSOCIATED PRESS

Adam Scott on Sunday in Jersey City, N.J. GETTY IMAGES

Sidney Crosby speaks to reporters at Hockey Canada's Olympic orientation camp in Calgary on Sunday. JEFF MCINTOSH/THE CANADIAN PRESS

Players on board with icebreakers

Orientation camp. Team Canada hopefuls, coaches agree there is plenty to work on away from the rink

Sidney Crosby would like to be on the ice this week at Hockey Canada's Olympic orientation camp. So would Roberto Luongo.

Instead, the high cost of insurance will limit them to some optional off-ice workouts and maybe some golf on the side.

But Hockey Canada figures that no skating is no problem for the players who travelled to Calgary for a few days of meetings, bonding and information-sharing in preparation for the 2014 Winter Olympics in Sochi.

"It would be nice, but it's not the case and I still think we can get a lot out of these few days without skating," said Crosby, the Pittsburgh Penguins captain who scored the gold-medal-winning goal in Vancouver in 2010. "There will be a lot of information being thrown out there and we'll have to learn a lot in a short period of time, but I think everyone is kind of excited for that."

Too high of a price

Hockey Canada president and CEO Bob Nicholson estimated that with contracts totalling about $1.5 billion, it just got too expensive to insure them and allow players to lace up their skates.

Those who went through this experience four years ago before the Vancouver Olympics remember it fondly. They were able to skate then, which allowed coach Mike Babcock to at least get a rough idea of line combinations. But as assistant coach Claude Julien of the Boston Bruins pointed out, not having the luxury of skating gives the staff a "great opportunity to do something different."

"The terminology that Mike talks about that we put in the next two days, the systems, the walk-throughs, are really, really important," said assistant Ken Hitchcock, who coaches the St. Louis Blues.

"Having that information that the players can draw from, we can go back and hit familiar ground right away."

THE CANADIAN PRESS

Ko knows winning the Canadian Open

Lydia Ko of New Zealand tees off on the 14th hole of the final round at the Canadian Open on Sunday in Edmonton. STEPHEN DUNN/GETTY IMAGES

Teenage golf phenom Lydia Ko made history Sunday at the CN Canadian Women's Open.

The 16-year-old from New Zealand shot a final round 64 to finish at 15 under for a five-stroke victory over Karine Icher.

Ko became the youngest winner of an LPGA event last year when she won the Canadian Open at the Vancouver Golf Club at age 15. With Sunday's victory, she becomes the first amateur in history to win two LPGA events.

Ko started the day one shot back, but shredded the course at Royal Mayfair Golf Club in Edmonton with five birdies on the front nine and never looked back.

She had seven birdies in total and curled in a birdie putt from 16 feet out on the final hole to cap the day.

"I hit a really good drive on one and I kept it to the fairway, and I think that kind of got my momentum going," Ko said. "I was in a little bit more of a pressure position (as defending champion), so I was really happy with my 64."

Unfortunately winning is becoming an expensive proposition for Ko, who was born in South Korea but grew up in New Zealand.

As an amateur, she cannot accept the $300,000 first prize, which instead goes to Icher. Ko has played in 14 LPGA events over the last two years, leaving almost $1 million in prize money on the table. Ko said she's still considering asking the LPGA for an exemption to let her turn pro before she's 18.

THE CANADIAN PRESS

4 SPORTS

Buehrle helps bring Blue Jays out of funk

MLB. Lefty showing proclivity for coming through when Toronto falls into tailspin

Toronto might start calling Mark Buehrle the streak buster.

For the second time this season, Buehrle ended a Blue Jays seven-game losing streak Sunday.

He allowed one run over eight innings and the Jays rallied for two runs in the ninth inning to walk away with a 2-1 win over the Houston Astros.

Buehrle (10-7), who also ended the Jays' previous seven-game skid with a shutout against the Houston Astros on July 25, allowed seven hits and struck out seven in winning his fifth straight. He has allowed seven runs over 27 innings, spanning his last four starts.

Jays starter Mark Buehrle flips a grounder to first base for an out against the Astros on Sunday in Houston. THE ASSOCIATED PRESS

"If you last long enough, good things are going to happen," Buehrle said. "It would be nice to get runs early on, but you have to tip your hat to their pitcher keeping the guys off balance when you got guys on, getting ground balls. Tip your hat to him for not letting us score. Again, we battled until the end. That's why you play 27 outs. We scored runs at the right time."

With the win, Buehrle has earned at least 10 wins in 13 straight seasons, which matches CC Sabathia for the longest active streak in the majors.

"I'd rather forego some of the personal stuff for being in a better position than where we are right now," Buehrle said. "At the end of the day when the season is over and you look at the season, I feel like I am having a decent season, but I have six or seven starts left, so I have to finish strongly and get as many wins as I can."

Casey Janssen pitched the ninth for his 23rd save.

Houston starter Dallas Keuchel gave up four hits and three walks with two strikeouts in seven innings.

THE ASSOCIATED PRESS

Japan slides past U.S. for its ninth LLWS championship

Tokyo's Takuma Gomi is tagged out by Chula Vista, Calif., catcher Patrick Archer while attempting to score on a wild pitch during the Little League World Series championship game in South Williamsport, Pa., on Sunday. Tokyo won the game 6-4 to capture Japan's ninth title.

GENE J. PUSKAR/THE ASSOCIATED PRESS

NFL

Jets' QB picture up in the air with Sanchez injury

Mark Sanchez's banged-up right shoulder will keep him out of the New York Jets' pre-season finale.

Whether he's also out of the team's quarterback competition remains to be seen.

The Jets announced Sunday that Sanchez is "day-to-day" with an injured shoulder that will sideline him for the team's pre-season finale against Philadelphia on Thursday night. Sanchez, competing with rookie Geno Smith for the starting job, was unlikely to play in that game anyway.

The team did not announce the nature or severity of Sanchez's injury, suffered in the Jets' 24-21 overtime victory over the Giants on Saturday night. Sanchez had an X-ray after the game on the shoulder, which apparently revealed no fractures, and an MRI exam Sunday to determine if there's any damage.

THE ASSOCIATED PRESS

SALES REPRESENTATIVE

Who We Are: Metro is Canada's most-read national daily newspaper brand. Metro targets YAMs (youthful, active metropolitans) and reaches more than 1.6 million readers daily and 3.9 million over the course of a week. Metro launched in Canada in Toronto in 2000 and in the spring of 2012, we launched in 6 new cities. In short – we're still growing!

When you join Metro, you become part of a cross-country community. We strive to provide a culture that is engaging, flexible and creative; we value our employees and their feedback. Metro offers a comprehensive compensation and benefit package.

Metro Saskatoon is seeking an individual to achieve regional targets for print & online and other performance metrics by developing new business.

PRIMARY RESPONSIBILITIES:

- Manage and grow an assigned retail sales territory
- Design advertising programs to reflect the clients' objectives
- New Business Development
- Creatively negotiate rates
- Sell a portfolio of Metro branded products

REQUIREMENTS OF THE POSITION:

- Post secondary education in a related field
- 3 years experience in sales/media sales
- Proficient in Microsoft Office applications
- Creative, efficient, flexible & detail oriented
- Strong verbal and written communication skills
- Proven track record in profitable selling

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than August 30, 2013.
PLEASE QUOTE: "Sales Representative - Saskatoon" in the subject line.
All submissions will be treated as confidential.

metro

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	76	55	.580	—
Tampa Bay	74	54	.578	½
Baltimore	70	59	.543	5
New York	69	61	.531	6½
Toronto	58	73	.443	18

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	77	53	.592	—
Cleveland	71	59	.546	6
Kansas City	65	64	.504	11½
Minnesota	57	72	.442	19½
Chicago	54	75	.419	22½

WEST DIVISION

	W	L	Pct	GB
Texas	75	55	.577	—
Oakland	72	57	.558	2½
Seattle	59	70	.457	15½
Los Angeles	58	71	.450	16½
Houston	43	86	.333	31½

Sunday's results
Cleveland 3 Minnesota 1
Baltimore 10 Oakland 3
N.Y. Yankees 3 Tampa Bay 2 (11 inn.)
Kansas City 6 Washington 4
Chicago White Sox 5 Texas 2
Toronto 2 Houston 1
L.A. Angels 7 Seattle 1
Saturday's results
Oakland 2 Baltimore 1
Cleveland 7 Minnesota 2
Washington 7 Kansas City 2
Chicago White Sox 3 Texas 2
Houston 8 Toronto 5
Tampa Bay 4 N.Y. Yankees 2
L.A. Angels 5 Seattle 1
Monday's games — All times Eastern
Tampa Bay (Hellickson 10-7) at Kansas City (Guthrie 12-10), 2:10 p.m.
N.Y. Yankees (Hughes 4-12) at Toronto (Dickey 9-12), 7:07 p.m.
Oakland (Griffin 10-9) at Detroit (Sanchez 11-7), 7:08 p.m.
Houston (Oberholtzer 3-1) at Chicago White Sox (Rienzo 1-0), 8:10 p.m.
Texas (Blackley 1-1) at Seattle (Saunders 10-12), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	78	52	.600	—
Washington	65	65	.500	13
Philadelphia	59	71	.454	19
New York	58	70	.453	19
Miami	49	80	.380	28½

CENTRAL DIVISION

	W	L	Pct	GB
Pittsburgh	76	54	.585	—
St. Louis	76	54	.585	—
Cincinnati	74	57	.565	2½
Milwaukee	57	73	.438	19
Chicago	55	75	.423	21

WEST DIVISION

	W	L	Pct	GB
Los Angeles	76	53	.589	—
Arizona	66	63	.512	10
Colorado	61	71	.462	16½
San Diego	59	71	.454	17½
San Francisco	58	72	.446	18½

Sunday's results
Detroit 11 N.Y. Mets 3
Colorado 4 Miami 3
Milwaukee 3 Cincinnati 1
Philadelphia 9 Arizona 5
Atlanta 5 St. Louis 2
San Francisco 4 Pittsburgh 0
San Diego 3 Chicago Cubs 2 (15 inn.)
Boston at L.A. Dodgers
Saturday's results
Boston 4 L.A. Dodgers 2
Detroit 3 N.Y. Mets 0
Arizona 12 Philadelphia 7 (18 inn.)
Miami 3 Colorado 0
Cincinnati 6 Milwaukee 3
St. Louis 6 Atlanta 2
Chicago Cubs 3 San Diego 2
San Francisco 6 Pittsburgh 3
Monday's games — All times Eastern
Cincinnati (Leake 11-5) at St. Louis (Lyons 2-4), 7:05 p.m.
Philadelphia (Lee 10-6) at N.Y. Mets (Wheeler 6-2), 7:10 p.m.
San Francisco (Zito 4-9) at Colorado (Nicasio 7-6), 8:40 p.m.
San Diego (Ross 3-6) at Arizona (McCarthy 2-8), 9:40 p.m.
Chicago Cubs (Arrieta 1-0) at L.A. Dodgers (Greinke 12-3), 10:10 p.m.

CFL

WEEK 9

EAST

	GP	W	L	T	PF	PA	Pts
Toronto	8	5	3	0	244	209	10
Hamilton	8	4	4	0	203	219	8
Montreal	8	3	5	0	195	239	6
Winnipeg	8	1	7	0	167	247	2

WEST

	GP	W	L	T	PF	PA	Pts
Saskatchewan	8	7	1	0	264	177	14
Calgary	8	6	2	0	261	200	12
B.C.	8	5	3	0	207	203	10
Edmonton	8	1	7	0	188	235	2

Saturday's results
Hamilton 37 Winnipeg 14
Saskatchewan 30 Edmonton 27
Friday's game — All Times Eastern
Hamilton at B.C., 10 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Montreal	12	7	5	41	35	41
New York	11	9	6	38	34	39
Kansas City	11	9	6	36	26	39
Philadelphia	10	8	8	37	37	38
Houston	10	8	6	29	28	36
New England	10	9	6	34	24	36
Chicago	10	10	4	30	34	34
Columbus	8	12	5	29	34	29
Toronto FC	4	12	9	22	34	21
D.C. United	3	17	5	15	41	14

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	13	8	6	48	33	45
Los Angeles	12	9	4	40	32	40
Colorado	10	7	9	33	27	39
Portland	9	3	12	37	25	39
FC Dallas	9	7	10	36	38	37
Vancouver	10	9	6	36	33	36
Seattle	10	8	4	30	26	34
San Jose	9	10	7	28	37	34
Chivas USA	5	14	6	24	45	21

Sunday's results
Chivas USA 3 New York 2
New England 5 Philadelphia 1
Portland at Seattle
Saturday's results
Montreal 5 Houston 0
D.C. United 1 Toronto FC 1
Los Angeles 1 Vancouver 0
FC Dallas 2 San Jose 2
Real Salt Lake 4 Columbus 0

Horoscopes

♈ Aries
March 21 - April 20
You may think you know all there is to know about a friend, but do you? Something you discover today will surprise you and require you to look at them in a new light. Maybe they're not so predictable.

♉ Taurus
April 21 - May 21
You have lots to do this week and you must get help. If you attempt to do it alone, you will most likely end up in a mess and get angry at the world.

♊ Gemini
May 22 - June 21
Make sure you know what is expected of you before you agree to take on more responsibility. You may be desperate to get ahead in your work or boost your income but it cannot be at any cost.

♋ Cancer
June 22 - July 23
Minor disagreements may get out of hand today, so try not to speak or act in a manner that could be seen as threatening. One minor spark could be all it takes to ignite a major blaze, so be extra careful.

♌ Leo
July 24 - Aug. 23
It's easy to blame others when things go wrong but on this occasion, the fault lies with you. Once you own up to that, you can find a way to put things right again. Others will help.

♍ Virgo
Aug. 24 - Sept. 23
You may be desperate to make a new start and the Sun in your sign makes it possible but don't push too hard today. Whatever choices you have in front of you there will be even better ones later in the week.

♎ Libra
Sept. 24 - Oct. 23
Venus in your sign is at odds with Uranus, planet of the unexpected, today, which suggests that someone close will be pushing to make changes. Let them. It's unlikely they will affect you.

♏ Scorpio
Oct. 24 - Nov. 22
Don't worry if you don't seem entirely "with it" at the moment. The challenges of the weekend have taken their toll and it may be a day before your mind is completely switched on again.

♐ Sagittarius
Nov. 23 - Dec. 21
There are a thousand and one things that need doing in your life and you know if you don't start on them now, they will never get done. Be ruthless in your time management.

♑ Capricorn
Dec. 22 - Jan. 20
You may be tempted to use shock tactics today but the planets warn it's not a good idea. You may even make things worse by provoking others to respond in kind.

♒ Aquarius
Jan. 21 - Feb. 19
You are right and everyone else is wrong. That's the way you look at it and no one is going to convince you otherwise. This time tomorrow though, you'll be having second thoughts.

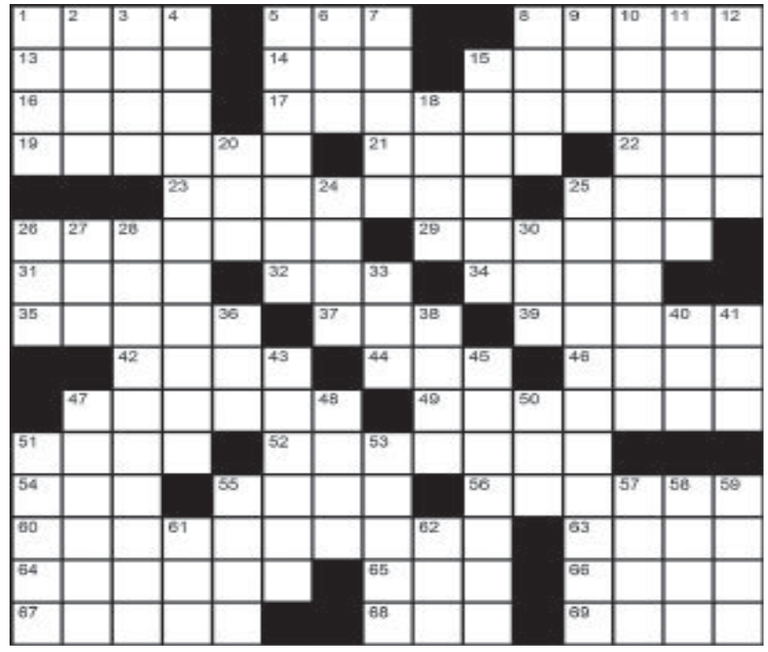
♓ Pisces
Feb. 20 - March 20
For some strange reason you fear the worst, even though there is no obvious reason why you should. Listen to your instincts but don't let them paralyze you into inaction. Just this once, they could be wrong.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

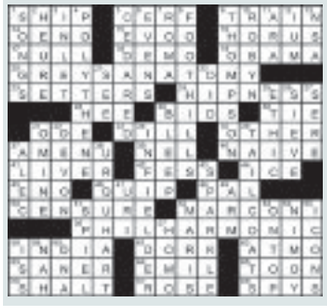
BY KELLY ANN BUCHANAN



Across
1. Type of lettuce
5. US airer of "Mad Men"
8. Lady's Disney dog co-star
13. Nabisco treat
14. Mauna __ (Hawaiian volcano)
15. Singer Justin
16. Harbinger
17. Rap act, __ & Ryan Lewis
19. From whence 'Canada' originates
21. Cocktails, Mai __
22. Hi-__ graphics
23. Popper-outer-of-pop, __ machine
25. Afflicts
26. Ms. Lansbury's
29. Scooby-Doo's master
31. Diving bird
32. Nero's 155
34. Ms. Spelling
35. Shindig
37. As written
39. Varieties
42. Couples
44. Ms. West
46. Organized†crime boss
47. Mom-portrayer on #8-Down, Meredith Baxter __
49. Banting and Best... Canadians who co-discovered what?
51. "Groove Is in the Heart" by __-Lite
52. City __ (Municipal body)
54. German 'I'
55. Water bird
56. Eye part
60. Cavity causer: 2 wds.
63. Les Etats-__ (United States, in French)
64. Villager, say
65. Around-the-track unit
66. Newfoundland's nickname, The __
67. Designer Mr. Cassini's
68. Approx.
69. Particular baa-ers

Down
1. Oprah's Club link
2. "__ la Douce" (1963)
3. "__ there, done that."
4. New __, Nfld.; or, Place __ (Montreal building)
5. The Old Farmer's __
6. Bygone bird
7. Prickly desert plants
8. Michael J. Fox sitcom, "Family __"
9. Shortened sleep state
10. APTN = __ Peoples Television Network
11. Just
12. Iron
15. Scourge
18. Wichita's li'l state
20. __ Aviv, Israel
24. Fast web connections
25. Farming
26. High peak
27. Cacharel perfume
28. 'Mr. Hockey', Canadian legend from Saskatoon: 2 wds.
30. Hunky-dory
33. Energy
36. Poetically far
38. Abel's brother
40. Printer resolution meas.
41. Bart, to Homer
43. Break from a group
45. Convert into secret code
47. Stay groovy: 2 wds.
48. Yesteryear
50. "Sprechen __ Deutsch?"
51. "Same here."
53. "Full House" character, __ Jesse
55. Not that
57. "_ __ pronounce you..." (Altar words)
58. Pleasant
59. Questions
61. 1987 to 1994 'Star Trek' series, to fans
62. Writer Mr. Milne's

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		3				9		
	9		2		6		7	
6	8						3	4
		5	3		4	6		
1								7
		2	5		9	8		
3	2						5	1
	4		8		3		2	
		6				3		

Friday's Sudoku

8	4	7	2	5	9	1	3	6
2	5	3	1	6	4	7	9	8
1	6	9	8	7	3	4	2	5
3	9	1	4	8	2	6	5	7
7	2	5	9	1	6	8	4	3
6	8	4	7	3	5	2	1	9
5	1	8	3	2	7	9	6	4
4	3	2	6	9	8	5	7	1
9	7	6	5	4	1	3	8	2

visit metronews.ca

metro

There are better ways to make your voice heard

What's the point of making a statement, giving a speech or even talking if no one is listening?
Join the METROPOLITAN PANEL and have your voice heard by the readership of the world's largest newspaper.

Metropolitan Panel is an online research panel dedicated to dialogue with you! When you participate, your voice joins thousands of others in 14 countries. Sign up for the panel at **metropolitanpanel.ca**, choose your country and join the global conversation!

metropolitanpanel.ca

Metropolitan Panel

Go back to school with BlackBerry.

Get amazing BlackBerry superphones on Canada's largest LTE network – it's faster in more places.[1]

BlackBerry

BlackBerry® Q10
LTE superphone
2-yr term with
Voice & Data Plus plan

~~$149.95~~

NOW:

$79.95

$699.95 No term

BlackBerry® Q5
LTE superphone
2-yr term with
Voice & Data Lite plan

~~$99.95~~

NOW:

$49.95

$399.95 No term

BlackBerry® Z10
LTE superphone
2-yr term with
Voice & Data Plus plan

~~$179.95~~

NOW:

$49.95

$649.95 No term

Bell getting a superphone just got better

BONUS | DOUBLE YOUR DATA[2]

Visit a Bell store • 1 888 4-MOBILE • bell.ca

Offer ends September 30, 2013. Available with new activation within network coverage areas available from Bell Mobility; see bell.ca/coverage. Long distance and roaming charges (including foreign taxes) may apply. Paper bill charge ($2/mo.) applies unless you register for e-bill and cancel your paper bill. Other monthly fees, e.g., 911 (Sask: $0.62, New Brunswick: $0.53, Nova Scotia: $0.43, P.E.I.: $0.70, Quebec: $0.40), and one-time device activation ($35) apply. Fees may apply for applications, features, content and roaming when outside your local area. If you end your services early, a fee will apply; see your Service Agreement for details. Subject to change without notice. Taxes extra. Other conditions apply. **(1)** Based on total square kms of coverage on the shared 4G LTE network available from Bell vs. Rogers LTE network. See bell.ca/LTE for details. **(2)** Available with new activation on $45 Voice & Data Lite Promo, $60 & $75 Voice & Data Lite, $85 & $105 Voice & Data Plus plans. BlackBerry® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited.

Samsung Galaxy Note II™
LTE superphone

2-yr. term with
Voice & Data Plus plan

~~$179.95~~

NOW:

$99.95

$729.95 No term

Sony Xperia® Z
LTE superphone

2-yr. term with
Voice & Data Plus plan

~~$149.95~~

NOW:

$99.95

$649.95 No term

Samsung Galaxy S III™
LTE superphone

2-yr. term with
Voice & Data Plus plan

~~$129.95~~

NOW:

$49.95

$649.95 No term

BlackBerry® Z10
LTE superphone

2-yr. term with
Voice & Data Plus plan

~~$179.95~~

NOW:

$49.95

$649.95 No term

Bell getting a superphone just got better

BONUS | DOUBLE YOUR DATA[1]

Visit a Bell store • 1 888 4-MOBILE • bell.ca

Offer ends September 12, 2013. Available with new activation within network coverage areas available from Bell Mobility; see bell.ca/coverage. Long distance and roaming charges (including foreign taxes) may apply. Paper bill charge ($2/mo.) applies unless you register for e-bill and cancel your paper bill. Other monthly fees, e.g., 911 (Sask: $0.62, New Brunswick: $0.53, Nova Scotia: $0.43, P.E.I.: $0.70, Quebec: $0.40), and one-time device activation ($35) apply. Fees may apply for applications, features, content and roaming when outside your local area. If you end your services early, a fee will apply; see your Service Agreement for details. Subject to change without notice. Taxes extra. Other conditions apply. **(1)** Available with new activation on $45 Voice & Data Lite Promo, $60 & $75 Voice & Data Lite, $85 & $105 Voice & Data Plus plans. Galaxy Note II and Galaxy S III are trademarks of Samsung Electronics Co., Ltd., used in Canada under license. BlackBerry® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited. Xperia is a trademark or registered trademark of Sony Mobile Communications AB.